## **PICKERING RUNNING CLUB**

## Code of Conduct

The purpose of this code is to clarify what behaviour we consider acceptable and unacceptable, to provide the means to challenging and improving that behaviour and to define the standards of practice expected.

Please respect all members and run leaders both in club runs and races. Be aware of the other runners in your group and ensure they are safe. We hope to encourage a supportive environment that allows everyone to enjoy themselves without compromising on safety. Please do not allow any runner to be left behind, and be respectful of other track/road users.

Please be responsible for your own safety. Take care where other traffic is present, wear hi-vis clothing and use a torch in the dark. We ask everyone to consider carrying a small first aid pack, and a mobile phone, particularly on trail runs.

It is unacceptable for any member to discriminate others in any way, or to engage in any form of harassment, bullying or abuse. We adhere to UK Athletics Safeguarding Code of Conduct for vulnerable adults (<u>LINK HERE TO THIS).</u> All members will be subject to the Club's <u>Grievance and</u> <u>Disciplinary Policy</u>. We take any concerns seriously and will challenge and if necessary take disciplinary action in accordance with that policy. If you have any concerns please contact one of our Welfare Officers or any member of the Club Committee.